



**EDUCATION & TRAINING
CHILDCARE & EDUCATION**

GRADES 9 - 10	GRADES 10 - 11	GRADES 11 - 12	GRADES 11 - 12
Principles of Human Services	Lifetime Nutrition & Wellness	Child Guidance	Practicum in Education & Training (BESTT)
1 Credit	1 Credit	1 Credit	2 Credits

COURSE DESCRIPTIONS

PRINCIPLES OF HUMAN SERVICES

Prerequisite None **1 Credit** **Grades 9 - 10**

This course will enable students to investigate careers in the human services career cluster, including counseling and mental health, early childhood development, family and community, and personal care services. Each student is expected to complete the knowledge and skills essential for success in high-skill, high-wage, or high-demand human services careers.

LIFETIME NUTRITION AND WELLNESS

Prerequisite None **1 Credit** **Grades 10**

This laboratory course allows students to use principles of lifetime wellness and nutrition to help them make informed choices that promote wellness as well as pursue careers related to hospitality and tourism, education and training, human services, and health sciences. Students are encouraged to participate in extended learning experiences such as career and technical student organizations and other leadership or extracurricular organizations. Students will have an opportunity to earn their Food Handler Certification. Students may take this course for a full year or 1 semester.

CHILD GUIDANCE

Prerequisite Lifetime Nutrition and Wellness **1 Credit** **Grade 11**

This technical laboratory course addresses the knowledge and skills related to child growth and guidance equipping students to develop positive relationships with children and effective caregiver skills. Students use these skills to promote the well-being and healthy development of children, strengthen a culturally diverse society, and pursue careers related to the care, guidance, and education of children, including those with special needs. Students will have the opportunity to earn their Child Care Worker Certification.

PRACTICUM IN EDUCATION AND TRAINING (BESTT)

Prerequisites Principles of Education and Training, Human Growth and Development, and Instructional Practices in Education and Training **1 Credit** **Grade 12**

Practicum in Education and Training is a field-based internship that provides students background knowledge of child and adolescent development principles as well as principles of effective teaching and training practices. Students in the course work under the joint direction and supervision of both a teacher with knowledge of early childhood education and exemplary educators in direct instructional roles with elementary-, middle school-, and high school-aged students. Students learn to plan and direct individualized instruction and group activities, prepare instructional materials, assist with record keeping, make physical arrangements, and complete other responsibilities of classroom teachers, trainers, paraprofessionals, or other educational personnel.